

Peru Equinox Retreat 2027

Hollyhock Leadership Center

Dates: March 13-22, 2027
10 Day Program

Guide: Jhaimy Alvarez Acosta – Traditional Andean Healer and Huachumero
<https://www.childrenofthe7rays.com/about>

Day 1: Arrival Day, Cusco (March 13th)

Morning arrival from Lima to Cusco where you will be picked up at the airport and checked-in to the hotel to rest and acclimate to the altitude.

Welcome Dinner and Orientation with Jhaimy Alvarez Acosta and the other participants on the journey. Evening opening circle with Jhaimy – meet in lobby at 5pm

Hotel: TBD (example – Andenes Cusco – <https://www.andenesusco.com>)

Meals: Welcome dinner at Cusco restaurant (included)

DAY 2: Qoricancha / Cusco (March 14)

Morning – Today we will visit the sacred sites the *Qoricancha* Temple in Cusco with Jhaimy Alvarez Acosta, and other historical, cultural and spiritually significant sites around Cusco. This will give us a strong grounding and context for the Andean teachings that we will be exploring and discovering during our journey together.

Afternoon – Visit Jhaimy's elder and teacher Don Victor's studio.

Hotel: TBD (example – Andenes Cusco – <https://www.andenesusco.com>)

Meals provided: Breakfast in hotel (buffet), group lunch

Meals not provided: dinner in Cusco (guests on their own)

DAY 3: Sacsayhuamán / Pisac (March 15)

Morning – Today we will visit *Sacsayhuamán*. Sacsayhuamán is the temple of the head of the puma overlooking Cusco. It connects us with the labyrinth of the mind where we can be reborn into a new state of consciousness.

Afternoon – We will travel by bus to the sacred valley and visit the market in Pisac where there are beautiful authentic handicrafts and weavings for purchase.

Hotel: Willka Tika – <https://willkatika.com/>

Meals provided: Breakfast in hotel, dinner at hotel

Meal not provided: lunch in Pisac (guests on their own)

Day 4: Ollantaytambo (March 16)

Morning – *Ollantaytambo* Temple which will connect us to working with the teachings of the four elements and the Llama - Service of Love. We will enjoy a special lunch at Tunupa and visit Ceramics Seminario, a ceramic studio and workshop featuring Andean symbology.

Afternoon / Evening – Andean Despacho Ceremony and offering in the evening which will include Wisdom Teachings connected to the Andean Cosmo-Vision and a Fireside Blessing Ritual in support of our healing and setting our intentions for the journey ahead.

Hotel: Willka Tika – <https://willkatika.com/>

Day 5 : Killarumiyok Ceremony (March 17)

All Day – Participate in a full day *Sound Ceremony and Wisdom Teachings with Jhaimy Alvarez Acosta* at Killarumiyok temple, a sacred site connected to the energy of Mama Quilla (the Moon). The experience includes a traditional Despacho offering, inviting reflection, gratitude, and connection. In the evening, enjoy spaciousness for personal time, rest, and integration as the day's teachings continue to unfold.

**guests will have the opportunity to pickup snacks enroute*

Hotel: Willka Tika – <https://willkatika.com/>

Meals provided: Breakfast at hotel, dinner at hotel

Meals not provided: Snacks / Lunch for day at Killarumiyok Temple

DAY 6: Aguas Calientes (March 18)

All Day – Today, we embark on the trip to the temple of Machu Picchu aboard the Inca Rail train, where panoramic windows reveal breathtaking mountains, ancient temples, and the powerful Willkamayu/Urubamba River. As we travel toward Aguas Calientes – the gateway to Machu Picchu – the Andes gradually give way to the lush cloud forest, marking the transition from mountain to jungle. More than a passage between destinations, this is an invitation to slow down, absorb the beauty of the land, and prepare for the wonder that awaits at one of the world's most sacred places.

Hotel: TBD (example: Hatun Inti Boutique Hotel – <https://hatuninti.com/>)

Meals provided: Breakfast at hotel, to-go Lunch

Meals not provided: Dinner Aguas Calientes (guest on their own)

Day 7: Machu Picchu (March 19)

All Day – Today we take a shuttle to the sacred sanctuary of Machu Picchu. Surrounded by the presence of the Apus (Mountain Spirits), we'll explore this extraordinary site through meditation, reflection, and quiet connection with the land. At the citadel, we will spend the day attuning to the energetic centres of the temple. Together, we'll make offerings to the Apus, honouring the spirit and wisdom of one of the world's most revered sacred places.

Hotel: TBD (example: Hatun Inti Boutique Hotel – <https://hatuninti.com/>)

Meals provided: Breakfast at hotel, Lunch at the Sanctuary at MP

Meals not provided: Dinner in Aguas Calientes Indio Feliz group booking

Day 8: Huayna Picchu (March 20)

All Day – On this day of Equinox when the energies come into harmony, we ascend Huayna Picchu mountain. From this place, we receive the energy and power of the crystal city, the Heart of the Mountain of Apu Machu Picchu. During the day, we will communicate with the spirit of the ancestors through the sacred geometry and portals of the temple and Wakas (Sacred Sites).

**This is a full day of hiking with steep climbs – guests must be in good physical condition and comfortable with heights to participate.*

Hotel: TBD (example: Hatun Inti Boutique Hotel – <https://hatuninti.com/>)

Meals provided: Breakfast at hotel, lunch to-go

Meals not provided: Dinner Aguas Calientes (guest on their own)

Day 9: Chinchero (March 21)

Morning – Leaving Aguas Calientes in the morning, we will begin our journey back to Cusco. Along the way, we will visit Chinchero, renowned for its rich textile traditions. There, we will spend time with a women’s weaving cooperative, whose members carry forward generations of knowledge through the art of natural dyeing, spinning, and weaving. This visit offers an opportunity to witness living cultural traditions, learn about the stories woven into each textile, and support a community dedicated to preserving ancestral practices.

Afternoon/Evening – Following our time in Chinchero, we will continue on to Cusco for a Celebration dinner and closing circle.

Hotel: TBD (example – Andenes Cusco – <https://www.andenesusco.com>)

Meals provided: Breakfast at hotel, Group lunch traditional-style in Chinchero

Meals not provided: Closing dinner at Cusco Restaurant

Day 10: Departure day (March 22)

After breakfast and farewells at the hotel, we will depart from Cusco and begin our journeys home. For those wishing to extend their stay, Cusco offers vibrant markets, exceptional restaurants, and the opportunity to spend a little more time exploring this historic city at your own pace.

Meals: Breakfast at hotel